

A Journey to Ghana, West Africa with an Exhibition at the National Museum of Ghana

SEPTEMBER 19 - OCTOBER 3, 2024



### A JOURNEY TO GHANA 2024 STITCHING CULTURES TOGETHER THROUGH CLOTH & FIBER ARTS

### YOUR JOURNEY AT-A-GLANCE



### DAY 1 | THUR, SEP 19

Depart JFK/NYC or Dulles/DC via United Airlines

**DAY 2 | FRI, SEP 20** 



### Arrive Accra, Ghana

-Check-in Labadi Beach Hotel

-Welcome Dinner

## DAY 3 | SAT, SEP 21

### **Explore Accra**



- -City Tour
  - -Evening Event at W.E.B. DuBois Memorial Center
    - Tour of Home
    - Wreath Laying
    - Clothing & Craft Market

### DAY 4 | SUN, SEP 22



Dodi Princess Boat Experience with Quilting & Crafts Workshop

### DAY 5 | MON, SEP 23

### **Optional Activities**

- -Batik Workshop
- -Beading Workshop & Makola Market Shopping The Art of Cloth with JoAnn Nelson & Stella Quaye

### DAY 6 | TUES, SEP 24

### **Optional Activities**



- -Batik Workshop
- -Beading Workshop & Makola Market Shopping Evening Event at National Museum: Stitching Cultures Together Opening Exhibit

## DAY 7 | WED, SEP 25

### **Sharing Gifts with Our Special Partners**

- -Embroidery Workshop w/ Hakim of Keneshie Market
- -African American Association of Ghana **Quilting Workshop**



**Boutique Shopping Excursions** 

The Significance of Beads in Ghanaian Culture

### DAY 8 | THUR, SEP 26

### Kumasi Market & Ntonso Adinkra Village

-Kente Weaves Demonstration



### DAY 9 | FRI, SEP 27

### **Depart to Cape Coast & Elmina**

-Check-in at Elmina Bay Resort

### DAY 10 | SAT, SEP 28

### Cape Coast Slave Castle & Dungeon Tour **Optional Activities**

- Kakum Nature Walk
- Elmina Fishing Village
- Relaxation Day

Dinner at Hotel

### DAY 11 | SUN, SEP 29



- Optional Activities with Global Mamas
  - -Quilting/ Crafts Workshops



🍽 -Dinner at Mabel's Table

### DAY 12 | MON, SEP 30



- -White Ceremony
- -Lunch at Biriwa Beach Hotel
- -Return to Accra, Ghana

### DAY 13 | TUES, OCT 1 Free Day



- -Shopping
- -Optional Activities

Farewell Dinner



# DAY 14 | WED, OCT 2

Departure to USA

DAY 15 | THUR, OCT 3 **USA Arrival; Welcome Home!** 





# A JOURNEY TO GHANA 2024 STITCHING CULTURES TOGETHER THROUGH CLOTH & FIBER ARTS

Greetings Quilters and Artists,

We are pleased to share our A Journey to Ghana 2024: Stitching Cultures Together Through Cloth and Fiber Arts brochure! I am honored to have worked with Global Linkages, Inc. (GL) to curate a wonderful and exciting travel experience focused on fiber arts. I have traveled with Lorna and GL for the last ten years and can assure you that you will have the time of your life. My life has been greatly enriched by my travels with GL and so will yours. And the inspiration you will gain for your artwork is priceless!

This journey has been curated to provide you with opportunities to experience Ghana through fiber arts, along with an exhibition at the National Museum of Ghana. You are welcome to submit artwork for this international exhibit of American and Ghanaian fiber artists and art quilters. You can also look forward to shopping in the Ghanaian markets for fabric, discovering new techniques, and learning about the rich history of Kente cloth, Batik and Ankara fabrics and beading throughout our journey across three culturally-rich cities, and much, much more. We will be literally stitching cultures together through cloth and fiber art by engaging with Ghanaian quilters and community organizations, as well as Global Linkages Community Partners. Several workshops will be held throughout the journey, giving us the opportunity to get to know one another, to learn from each other and to bond with each other.

I am extremely excited to participate in this cross cultural and learning experience and hope that you will be able join us.

Sincerely,

Parole

Carole Gary Staples, Fiber Artist



### QUILTERS, COMMUNITY ORGANIZATIONS, GLOBAL LINKAGES



### African American Association of Ghana (AAAG)

"Triple A" is recognized as a preeminent community vehicle for the cultural, social, spiritual and economic re-integration of African Americans and other people of African descent returning from the Diaspora into the Ghanaian society.

### Quilters Guild of Ghana (QGG)

This is a new organization that is dedicated to sharing the beauty, skills and history of quilt making. QGG is particularly interested in developing the quilting skills of young women and men to provide economic stability for them and their families.

### Ntonso Adinkra Project | NTONSO, ASHANTI REGION

Adinkra symbols have been popularized through their common-sense markings and instructions on how to move through life and they serve as a shorthand for communicating truths in visual form. These visual symbols, which have historical and philosophical significance, were originally printed on cloth that royals wore to important ceremonies. Adinkra is made by Ashanti people in Ghana. Global Linkages has organized a demonstration and hands-on workshop to help participants appreciate the rich African meaning of these symbols, along with the beauty and significance in Ghana culture.

### Global Mamas | ACCRA AND CAPE COAST | globalmamas.org

The Global Mamas Community is dedicated to helping Ghanaian women produce beautiful products and contemporary aesthetics using traditional methods. These products include hand batik textiles/apparel for adults and children, home accessories and décor, recycled glass beads, and a variety of shea butter and black soap products. Global Mamas also offers a variety of cultural workshops that participants can take while in Cape Coast/Elmina.

### BASICS International, Inc. | CHOKOR/ACCRA | basicsinternational.org

Located in Chokor/Accra, BASICS International is a community-based intervention program that promotes literacy, economic empowerment, health, wellness and social inclusion. Global Linkages partners with BASICS International in a variety of ways including cash and in-kind donations.

### Mawuvio's Outreach Programme | KISSEMAH/ACCRA | mawuviosoutreachprogramme.org

Founded in 2009, Mawuvio's Outreach Programme (MOP) is a Ghana Education Service Nursery, Primary and Junior High School for at risk and marginalized children 4—18 years old. MOP youth can also participate in extracurricular programs such as music, dance, football, bead making and farming. MOP is run solely on financial and in-kind donations.

welcome to Ohana

# DAY 1: THURSDAY, SEP 19

- ► Departure: from JFK/Dulles via United Airlines
- · Direct flight to Ghana, West Africa
- Add-On USA City Options available

# $U_{ m DAY~2:~FRIDAY,~SEP~20}$

- Arrival: Ghana | Jomo Kotoka Intl Airport
- Welcome Activities
- Welcome Dinner

### LABADI BEACH HOTEL

The Labadi Beach Hotel is Ghana's original premier 5-star hotel. While located just 4.5 miles from the city center, it sits in the middle of tropical gardens and is located on the beachfront of the Atlantic Ocean. Noted for its exquisite offerings including dining, spa services, two pools and other amenities, it is a chosen meeting place for both visitors and Ghanaians alike. **labadibeachhotelgh.com** 









Exploring Othana

DAY 3: SATURDAY, SEP 21

- Accra City Tour
- W.E.B DuBois Evening Event

DAY 4: SUNDAY, SEP 22

Dodi Princess Boat Ride Experience with Quilting & Crafts Workshop

### W.E.B. DUBOIS MEMORIAL CENTRE FOR PAN-AFRICAN CULTURE



The W.E.B. DuBois Memorial Centre for Pan-African Culture is a library that was dedicated on June 22, 1985 to commemorate the late Dr. W.E.B. DuBois. Dr. DuBois was referred to as the Father of Pan Africanism for organizing several Pan African congresses in the early half of the last century. The Centre consists of: the Museum that contains memorabilia and his personal library; the Open Air Theatre where intellectual seminars, lectures, workshops, and cultural events are held; the Marcus Garvey Guesthouse; and the home where Dr. DuBois spent his final years.

webduboiscentreaccra.ghana-net.com

### DODI PRINCESS BOAT RIDE EXPERIENCE



Enjoy a 2-hour road trip from Accra to Akosombo in the Eastern Region of Ghana where we will encounter the Adomi Bridge, a Hanging Metallic Bridge on the Volta Lake (one of the world's largest man-made lakes). We will then cruise Volta Lake aboard the Dodi Princess. This experience includes an Island visit where we interact with the locals who welcome us with and the Borborbor dance. Onboard entertainment includes board games, Afro-pop and Ghanaian Highlife music played by a live band. Sightseeing on the cruise includes a view of Ghana's main hydroelectric dam built by Dr. Kwame Nkrumah with the vision of industrialization.



Exploring Traditional Fabrics

DAY 5 MONDAY, SEP 23

### **CHOICE OF ACTIVITIES\***

Batik Workshop • Beading Workshop & Makola Market Shopping

• Evening Event: The Art of the Cloth with JoAnn Nelson & Stella Quaye

### BATIK MAKING WORKSHOP

A hands-on workshop with Grace Adovar, a Global Linkages partner since 1995 and the owner of Gracia Fabrics and Design. Grace will share with you the basics and traditions of batik fabric making and take you through the steps of making your very own handmade batik fabric creation. Gracia Fabrics and Design also has plenty of fabrics to buy!







### **MAKOLA MARKET**

Makola Market is a renowned market place and shopping district in the centre of Accra. A wide array of products are sold in the market and its surrounding streets, from car parts to land snails. Dominated by women traders, the market sells fresh produce, manufactured and imported foods, clothes, shoes, tools, medicines, and pots and pans. Jewelry made from locally handcrafted beads can also be found for sale in the market.







# DAY 6 TUESDAY, SEP 24

### **CHOICE OF ACTIVITIES\***

Batik Workshop • Beading Workshop & Makola Market Shopping

 Evening Event: Opening of the Quilter's Exhibit "Stitching Cultures Together" at the National Museum of Ghana

### **BEADS FROM GHANA**

Beads make up a significant identity for women, men, young girls and babies in Ghanaian culture. This workshop will provide its history and background while you make a beaded necklace or bracelet.







### THE NATIONAL MUSEUM OF GHANA

The National Museum of Ghana is located in Accra, and is the largest and oldest of the six African Art museums under the administration of the Ghana Museums and Monuments Board, and holds a unique position in preserving the cultural legacy of Ghana and Africa at large. The museum building was opened on 5 March 1957 as part of Ghana's independence celebrations, and is a treasure trove of objects from diverse domains such as archaeology, ethnography, and fine art. These artifacts offer visitors a rich journey from the stone age period to the recent historical past, offering a tangible connection to the diverse and layered heritage of Africa. The museum also houses objects from other African countries, acquired through exchange. These include the Senfu masks from Ivory Coast, Zulu wooden figures and bead-ware from Southern Africa, ancient Ife bronze heads from Nigeria, and Bushongo carvings from the Congo. These artifacts provide a sweeping vista of Africa's diverse cultural landscape.







### DAY 7 WEDNESDAY, SEP 25

- Optional Activities Day
- Sharing Our Gifts with:
  - ▶ BASICS International
  - Quilters Guild of Ghana
  - Mauuvio's Outreach Programme
  - · African American Association of Ghana

### **OPTIONAL ACTIVITIES**

- Kumasi Embroidery Workshop by Hakim of Keneshie Market
- African American Association of Ghana Quilting Workshop
- Boutique Shopping Excursions
- The significance of Beads in Ghanaian Culture Workshop

### QUILTERS GUILD OF GHANA

The Quilters Guild of Ghana (QGG) focuses on sharing the beauty, skills and history of quilt making. QGG is particularly interested in developing the quilting skills of young women and men to provide economic stability for them and their families.

















# The Best of Ghana

# SHOPPING AT ACCRA'S BEST CLOTHING & CRAFTS BOUTIQUES

On this tour you will explore several boutiques and stores that provide unique items that promote Afropolitan style and design. All shops offer fixed prices (there will be no bartering). The tour offers a minimum of four (4) boutique stops, plus optional lunch.













# DAY 8 From the Coast to the Village

### DAY 8: THURSDAY, SEP 26

- Check out Labadi Beach Hotel
- Travel to Jomo Kotoka Intl Airport for Accra/Kamasi Flight
- Arrive Kamasi International Airport
- Depart to Ntonso Adinkra Village Tour
- · Check in at Elmina Bay Resort

### ELMINA BAY RESORT



Located in the heart of the central region of Ghana, the Elmina Bay Resort has enchanted guests for over 20 years. It features a swimming pool, fitness center and variety of leisure activities such as basketball, tennis and squash, and is only a few miles away from famous World Heritage sites such as Elmina Castle and Cape Coast Castle. Every room faces the ocean, and the outdoor/indoor dining experience provides a peaceful and tranquil ambiance with spectacular sea views. elminabayresort.com

### NTONSO ADINKRA VILLAGE TOUR



Visit the birth place of **Kente Cloth**, which originated with the Ashanti people of Ghana. Its history dates back 375 years and was conceived in a village called Bonwire. According to legend, Kurugu and Ameyaw, two brothers from the village, went hunting one afternoon and came across a spider spinning a web; so they practiced this. Since then, Kente has become the richest cloth in West Africa. You will also visit the Ntonso Adinkra Village where Adinkra symbols are drawn in ink and used by the Ashanti people of Ghana. Their representations and meanings are likened to fables and are used to bestow wisdom and knowledge. Ntonso, a small town near Kumasi is one of the only places in the world where the creation and use of Adinkra symbols is still practiced and taught.

Explore Cape Const

### DAY 9: THUR, SEP 27

• Drive to Cape Coast Elmina

### **DAY 10: FRI, SEP 28**

- Cape Coast Slave Castle Dungeon Visit
- Optional Activities
- Evening Dinner at Hotel

### **DAY 11: SAT, SEP 29**

- Optional Activities with Global Mamas
- Quilting/Crafts Workshops
- ► Dinner: Mabel's Table

### CAPE COAST SLAVE CASTLE DUNGEON

Along the coast of Ghana are many ancient castles and forts, which marked the beginning of slaves' dangerous journey during the slave trade era. These fortresses were the last memory that slaves had of their homeland before being shipped off across the Atlantic. One of the most famous castles in Ghana is the **Cape Coast Castle**. It began as a trade lodge constructed in 1565; by 1700 the fort was transformed into a castle and served as headquarters for the British colonial governor. When in operation as a slave dungeon, up to 1,000 males and 500 female slaves were shackled and crammed into the castle's dank, poorly ventilated holding cells. Once slaves arrived at the castle, they could spend up to three months in captivity before being shipped off to the New World.



### **MABEL'S TABLE**

Mabel's Table is an open-air restaurant built on the coast of Cape Coast/Elmina with a view of the castle that is memorable. The restaurant serves local, continental and African American specialties that are very well prepared.





# Optional Activities



### KAKUM NATURE WALK

Kakum National Park is predominately made up of undisturbed virgin rainforest, covering an area of 145 square miles, and is one of the most famous national parks in Ghana. It is one of only three locations in Africa with a canopy walkway, which is 1,150 feet long and connects seven treetops that provide access to the forest. This series of rope style bridges allows visitors to walk through and view the park up close and personal; in a way that is normally reserved for birds and monkeys. This experience is great exercise and a chance to see natural Ghana outdoors. Kakum National Park is under consideration for World Heritage Site designation.



### OUILTING/ CRAFT WORKSHOP BY THE BEACH

Join with other quilter participants in a craft activity that allows the natural beach environment to provide the perfect setting. The Topical Workshop will be announced in mid-2024.



### ELMINA FISHING VILLAGE TOUR

Elmina Fishing Village is both picturesque and gritty; charming and thought-provoking. The Elmina Fishing tour offers you the opportunity to glimpse the Village's main industry and one of Ghana's oldest trades. You'll meet local fishermen and learn about the intricacies of the trade and their day-to-day work and challenges; as well as fish mongers, who will demonstrate the various stages of smoking fish in earthen ware ovens.

### GLOBAL MAMAS

DAY 11 OPTIONAL ACTIVITIES

Global Mamas offers a variety of cultural workshops that will submerge you in Ghana's rich culture. The following workshops are being offered as part of the Sankofa Journey's experience.



# Head Wrapping Workshop (Morning & Afternoon)

Join Auntie Nana to learn the cultural history and technical wonders of African head wrapping. Head wrapping has been a part of African culture for centuries. The wraps are worn by men and women with pride. You will master an array of Gele head wrapping styles and learn how headwraps identify a woman's religion, social status and celebrations. Apply your skills to show reverence at your next African event by attending in a perfectly fashioned head wrap.



# Batik Workshop (Afternoon)

Discover the art and beauty of African batik and get a glimpse into the life of a local artisan as you work side-by-side during this four-hour class. You'll join a Global Mamas' batiker in her workshop to learn the traditional techniques of batik production – using wax and dye to create colorful patterns – to make your own one-of-a-kind fabric. Afterwards, take your two yards of handiwork home to sew into a finish product that will always have a special place in your home or wardrobe.



# Beadmaking Workshop (Afternoon)

This workshop provides a first-hand look at the ancient tradition of Ghanaian bead making. You'll join a talented craftsman in his workshop to discover bead making methods from beginning to end. Through hands-on participation, you will learn the process that artists follow, using termite clay, pam kernels, and cassava stalks, to transform recycled glass into beautiful, vibrant beads. Then, you will have an opportunity to choose your own colors and patterns and create beads and a bracelet of your own!

### GLOBAL MAMAS

DAY 11 OPTIONAL ACTIVITIES CONTINUED





# Drumming/Dancing Workshop (Afternoon)

Experience African drumming and dancing at its finest with the most talented drumming and dancing troupe in Cape Coast. This workshop combines powerful rhythms and high-energy dances of Ghana to express Ghanaian culture in its purest form. You will learn history, songs, dance and techniques that are still used to this day.





# Ghanaian Cooking Workshop (Morning)

Explore the fragrant and exotic flavors of West African cuisine in Auntie Esi's kitchen. Esi will introduce you to an array of new tastes and flavors as you learn how to create authentic Ghanaian dishes. Using African cooking techniques, during this workshop you will create traditional dishes like fufu, groundnut soup, fried plantain, palava sauce and red red. After learning the recipes, you will enjoy eating the feast that you helped to prepare.

### **DAY 12: MON, SEP 30**

DAY 13: TUES, OCT 1 DAY 14: WED, OCT 2

- White Ceremony
- Depart for Accra w/ lunch @ Birwira
- Return to Accra

- Free day for shopping
- Farewell Dinner

- Hotel Checkout
- Depart for USA

### WHITE CEREMONY

The White Ceremony is an early morning celebration and remembrance gathering that allows you to share your Ghana experience, particularly your feelings regarding the Cape Coast Castle dungeon. All who choose to participate in this activity are requested to wear white.





### **FAREWELL EVENT**



About 1/8

### GLOBAL LINKAGES, INC.

Global Linkages, founded in 1997 and based in the NJ-NYC metropolitan area, is a management consulting firm that specializes in developing partnerships with the African continent and the diaspora. As part of its services, Global Linkages provides "boutique travel experiences" that connect individuals, educational institutions, governments and businesses with unique and exciting explorations in Africa. This is primarily due to those extensive relationships created by the firm's international development work. Global Linkages Principal Lorna K. Johnson, trained as a lawyer and urban planner, has been working in Africa for over 27 years and has made over 200 trips to the continent. In 2019, Global Linkages expanded its development work and travel to Morocco in North Africa, and in 2022 began working and traveling in Kenya and Tanzania, East Africa. Global Linkages will add Brail to its roster in Spring 2025, expanding its reach in the African Disapora along with its work in Cuba. In the interim, we are pleased to once again be working and traveling in Africa with you.



### TRIP INFORMATION

### A JOURNEY TO GHANA 2024 STITCHING CULTURES TOGETHER THROUGH CLOTH & FIBER ARTS

### TRIP COST \$6,500 PP | SINGLE OCCUPANCY +\$1,750 PP

# Airlines

- ✓ United Airlines Roundtrip flight departing from John Fitzgerald Kennedy International Airport (JFK) and Dulles International (IAD)
- ✓ Airline fares are subject to final confirmation by United Airlines. Business class and premium economy tickets available for an additional cost

## HOTEL

√ All accommodations in Ghana will be 4 stars or higher

# **MEALS**

- √ Full breakfast daily included in the hotel packages.
- ✓ Lunches & Dinner meals included where indicated

# **TOURS**

√ All group tours as noted are included in base price

### YOUR GHANA EXPERIENCE INCLUSIONS

- ✓ Round Trip Economy Airfare from U.S. to Ghana
- ✓ Customized Events and Excursions
- ✓ Group Ground Transportation in Ghana
- ✓ Group Personal Guides
- ✓ Welcome Packages & Zoom Conference Orientations
- ✓ On the Ground assistance in Ghana
- ✓ On Ground Portage Gratuities

### **Ground Operators: Ghana Cross-Cultural Tours**

Visas, and proof of Yellow Fever Inoculations are required for entry into Ghana. Global Linkages will assist in the Visa Process.

# PAYMENT INFO

A deposit of \$500 will be required to reserve a place and must be paid check, money order, credit card, PayPal or Zelle. Includes base airfare, transfers to hotels, full breakfast and other selected meals and tours, as noted.

A payment schedule and plan will be available. Global Linkages will handle the payments and coordinate airfare, hotel reservations and tours. Trip travel insurance is available at an additional cost.

Trip must be paid in full by July 19, 2024



Lorna K. Johnson

lkjglobalink@gmail.com | 973 819 6484



### REGISTRATION

### A JOURNEY TO GHANA 2024 STITCHING CULTURES TOGETHER THROUGH CLOTH & FIBER ARTS

### \$500 DEPOSIT REQUIRED

Use this paper form to register and reserve your spot for A Journey to Ghana, West Africa Through Cloth and the Fiber Arts 2024. I have read and understand the attached payment and refund policy.

Name
Address
City State Zip
Phone Email
I would like the following accommodations (Check one) Single Double
If double, my roommate will be
Method of Payment
Check or Money Order   Payable to Global Linkages
Credit Card   5% transaction fee will be added
# Expiration date/
Signature
This card is a MasterCard Visa American Express Discover (check one)
Paypal Email: <u>lkjglobalink@aol.com</u> (Please use personal option)
<b>Zelle Email:</b> lkjglobalink@aol.com
Please be sure to attach a copy of your passport.

### Send payments and form to:

Global Linkages, Inc.
320 South Harrison Street Suite 16H | East Orange, NJ 07018

Email: | Ikiglobalink@gmail.com | Phone: 973-819 6484

### A JOURNEY TO GHANA 2024 STITCHING CULTURES TOGETHER THROUGH CLOTH & FIBER ARTS

### PAYMENT SCHEDULE AND REFUND POLICY

After paying a minimum deposit of \$500, payments of \$500 or more will be accepted for those who prefer to pay in installments. Please see the suggested payment plan for additional information and deadlines.

- Global Linkages accepts checks, money orders, major credit cards (Visa/Mastercard/ American Express/Discover) and electronic payments including Zelle and PayPal.
- A returned check fee of \$40 will be charged for all returned checks.
- Please make all checks and money orders payable to Global Linkages.
- · All final payments must be received by Global Linkages no later than July 19, 2024.
- Trip participants with outstanding balances after this date will incur a penalty equivalent to 10% of the balance due.

### **REFUNDS:**

The refund policy is:

August 1 - September 15, 2023 Deposit Minus \$100

September 16 - November 15, 2023 Payment Minus \$500

November 16 - December 31, 2023 Payment Minus \$750

January 1 - March 31, 2024 Payment Minus \$1,000

April 1 - May 15, 2024 Payment Minus \$2,500

May 16 - June 30, 2024 Payment Minus \$3,000

July 1 - July 18, 2024 Payment Minus \$4,000

July 19, 2024 - To Trip Departure NO REFUNDS



**INSURANCE** | Participants are strongly encouraged to purchase Travel Insurance. You can purchase insurance through the Global Linkage's Agent or you are welcome to purchase travel insurance from a provider of your choice.

